

Gwefan  
[www.ysgolgymraeg.cymru](http://www.ysgolgymraeg.cymru)



e-bost  
[prif@ysgolgymraeg.ceredigion.sch.uk](mailto:prif@ysgolgymraeg.ceredigion.sch.uk)

## Ysgol Gymraeg Aberystwyth

Yr Ysgol Gymraeg, Coedlan Plascrug, Aberystwyth, Ceredigion SY23 1HL  
Ffôn / Tel: 01970 617613 Ffacs / Fax: 01970 636742

Prifathro / Headteacher: Mr R. Clive Williams

### Coronafeirws

Wele'r neges yn y ddolen isod gan Lywodraeth Cymru yn cynnig cyngor i rieni / warcheidwaid ar Coronafeirws. Mae cynnwys y ddolen yn cael ei newid yn ddyddiol.

Gweler y ddolen isod i Public Health Wales – mae'r ddolen hefyd ar gael ar wefan yr ysgol.

CYNGOR I RIENI: <https://phw.nhs.wales/>

Mae'r staff wedi paratoi pecyn o waith rhag ofn fydd angen i'ch plentyn fod adref am gyfnod ac mae rhai syniadau cyffredinol yn rhan o'r llythyr hwn (gweler drosodd)

### Coronovirus

*Please see the message in the link below from the Welsh Government offering advice to parents / guardians on Coronovirus. The content of the link is changing daily.*

*Please see the relevant link to Public Health Wales below – the link is also on the school website*

*ADVICE TO PARENTS: <https://phw.nhs.wales/>*

*The staff have prepared a work pack in case you need to stay at home for a period of time and there are some general activities included in this letter. (please see over)*

**R C Williams**

**Pennaeth / Headteacher**

**17/03/2020**

Dyma ychydig o weithgareddau posib ar gyfer eich plentyn os na fydd modd iddo / iddi fynychu'r ysgol dros yr wythnosau nesaf. Syniadau cyffredinol yw rhain a hoffwn bwysleisio nad oes angen poeni os oes rhai o'r geithgareddau yn rhy hawdd neu'n rhy anodd.

*Here are some possible activities for your child if there is a need to stay at home during the next few weeks. These are ideas only and I would like to emphasise that there is no need to worry if some activities are too easy or too hard*

Dyma weithgareddau y gallech eu hystyried yn ystod cyfnodau pan mae plant bant o'r ysgol. Syniadau yn unig yw rhain ac nid ydynt yn orfodol	These are activities that you could consider during any periods that your children will be away from school. These are ideas only and are not compulsory.
<b>Meithrin</b> <ul style="list-style-type: none"> <li>• Trafod llyfrau</li> <li>• Gwefan Cyw a rhaglenni teledu plant S4C</li> <li>•</li> </ul>	<b>Nursery</b> <ul style="list-style-type: none"> <li>• Discussing books</li> <li>• Cyw Website and S4C television programmes</li> </ul>
<b>Derbyn</b> <ul style="list-style-type: none"> <li>• Darllen / trafod llyfrau a ffurfio llythrennau</li> <li>• Gweithgareddau rhif / adio / arian / trafod siâp / pwysô</li> <li>• Gwefan Cyw a rhaglenni plant S4C</li> </ul>	<b>Reception</b> <ul style="list-style-type: none"> <li>• Reading / discussing books and forming letters</li> <li>• Number activities / adding / money / discussing shapes / weighing</li> <li>• Cyw Website and S4C television programmes</li> </ul>
<b>Blwyddyn 1</b> <ul style="list-style-type: none"> <li>• Darllen / trafod llyfrau a ffurfio brawddegau</li> <li>• Ymarferion rhif / adio a thynnu</li> <li>• Gweithgareddau arian sy'n cynnwys trafod arian / siâp / amser /</li> <li>• Gwefan Cyw a rhaglenni plant S4C</li> </ul>	<b>Year 1</b> <ul style="list-style-type: none"> <li>• Reading / discussing books and forming sentences</li> <li>• Number activities / adding and subtracting</li> <li>• Maths activities that include money / discussing shapes / time</li> <li>• Cyw Website and S4C television programmes</li> </ul>
<b>Blwyddyn 2</b> <ul style="list-style-type: none"> <li>• Darllen / trafod llyfrau a ffurfio brawddegau / paragraffau</li> <li>• Ymarferion rhif / adio, tynnu, lluosi a rhannu</li> <li>• Gweithgareddau arian sy'n cynnwys trafod arian / siâp / amser / mesur</li> <li>• Gwefan Cyw a rhaglenni plant S4C</li> <li>• Celf – creu llun neu fodel o bosib ar y thema Adeiladau</li> </ul>	<b>Year 2</b> <ul style="list-style-type: none"> <li>• Reading / discussing books and forming sentences / paragraphs</li> <li>• Number activities / adding, subtracting, multiplying and dividing</li> <li>• Maths activities that include money / discussing shapes / time measurement</li> <li>• Cyw Website and S4C television programmes</li> <li>• Art and craft – create a picture / model on the theme of Buildings</li> </ul>



# Meithrin / Derbyn



Gweler isod gweithgareddau posib ar gyfer Meithrin a Derbyn. Mae'r gweithgareddau wedi eu gwahaniaethu, felly dewiswch yn ôl gallu eich plentyn. Here is a list of possible activities for the Nursery/Reception class. Activities have been differentiated for individual needs.

- Wyddor Stumie / Active Alphabet

E.e. adnabod llythrennau/recognising letters, ymarfer ffurfio yn gywir/practise forming letters correctly, adeiladu geirfa syml (2/3 llythyren)/building simple 2/3 letter words.



Odli geiriau syml/Rhyming simple words.

- Pori Drwy Stori

<https://www.booktrust.org.uk/what-we-do/programmes-and-campaigns/poridrystori/>



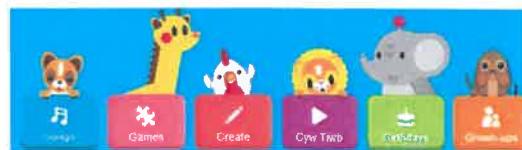
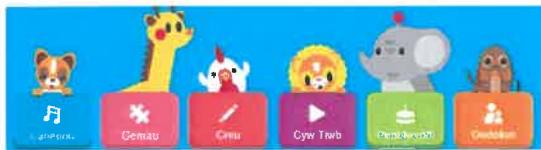
E.e. gwrando a darllen llyfrau gydag eich gilydd arlein/ Listening and read books together online, dysgu a chanu rhygymau/learning and singing rhymes.



- S4c Cyw

<https://cyw.cymru/>

E.e. caneuon, gemau, creu, cyw tiwb, penblwydd, oedolion/songs, games, create, cyw tiwb, birthdays, grown-ups



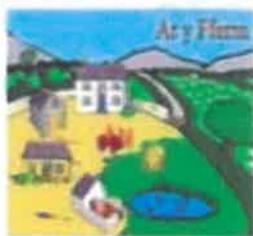
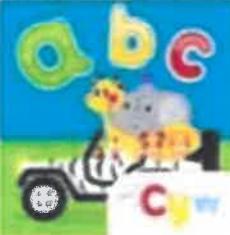
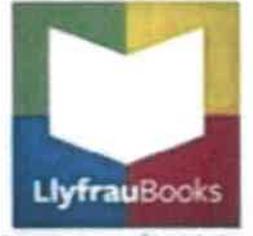
- Gwrando a darllen llyfrau gydag eich gilydd/ Listening and read books together

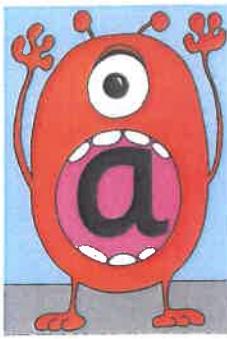
- Sgwrsio, trafod a chwarae rôl / Talk, discuss and role play

- Sgiliau motor man / Fine motor skills

E.e. sgiliau pensil/pencil skills, sgiliau siswrn/scissors skills, jigsô/jigsaw, paentio/painting, adeiladu gyda blociau/building with blocks etc...

## APIAU CYMRAEG DEFNYDDIOL / USEFUL WELSH APPS

 <p>Cyfri gyda Cyw</p>	 <p>LearnCymraeg</p>	 <p>Ar y Ffwrn</p>	 <p>Llyfrau Hwyl Magi Ann 1</p>
 <p>S4C Dal Ati</p>	 <p>Llyfrau Bach Magi Ann</p>	 <p>Llyfrau Hwyl Magi Ann 3</p>	 <p>Byd Cyw</p>
 <p>Say Something in Welsh</p>	 <p>Cyw a'r Wyddor</p>	 <p>Llyfrau Magi Ann 2</p>	 <p>Dewin a Doti</p>
 <p>Hoff Ganeuon Selog</p>	 <p>Ap Geinaduron/Dictionary</p>	 <p>Bys a Bawd</p>	 <p>Cyw Tiwb</p>
 <p>Amser Stori Cyw</p>	 <p>Betsan a Roco yn y Pentref</p>	 <p>LlyfrauBooks</p>	 <p>Hoff Lyfrau Selog</p>



Codi'r breichiau i fyny  
Lift the arms up



Bownsio'r bel ar lawr  
Bounce the ball



Dawsio gyda castanets  
Dance with the castanets



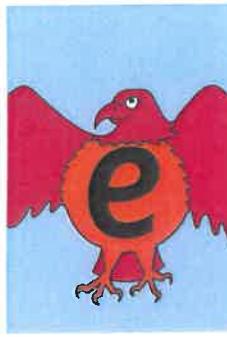
Pen yn ol a chwyrnu  
Put head back and snore



Taro'r drwm  
Tap the drum



Pwyntio at y dannedd  
Point to the teeth



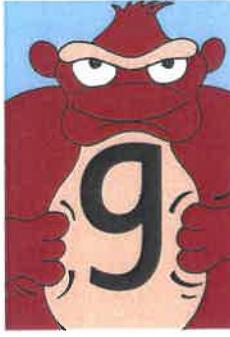
Chwifio adenydd yr eryr  
Flap the eagle's wings



Cyrru'r fan  
Drive the van



Chwifio llaw fel ffan  
Flap hands like a fan



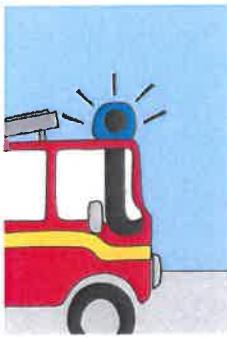
Taro'r frest gyda dwylo  
Strike chest with hands



Teimlo'r sain gyda bysedd  
Feel vibrations with fingers



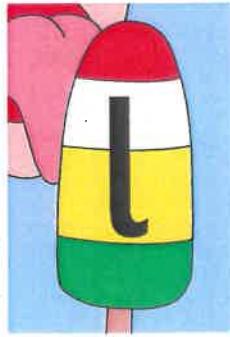
Neidio ar y space hopper  
Jump on the space hopper



Troi braich uwch eich pen  
Circle arm above head



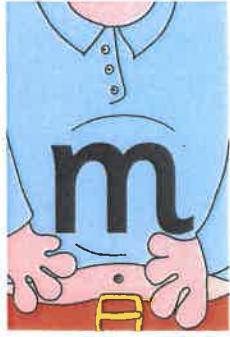
Ysgwyd platiad o jeli  
Shake a plate of jelly



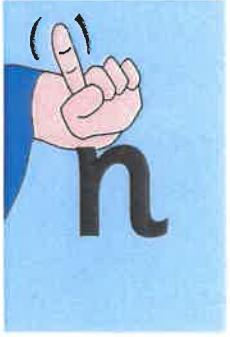
Llyfu lollipop (bus)  
Lick lollipop (finger)



Llaw yn llifio not a 'mlaen  
Hand sawing back and forth



Rhwbio bol gyda dwy fraich  
Rub belly with both arms



Ysgwyd pen a bys  
Shake head and finger



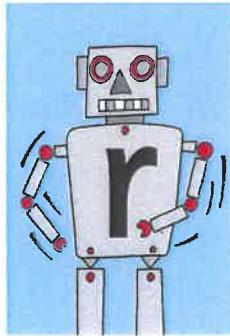
Cwneud y 'Mexican wave'  
Do the 'Mexican wave'



Dwylo'n agor a chau  
Hands opening and closing



Dwylo'n symud lawr fel plu  
Hands like floating feathers



Breichiau fel robot  
Swing arms like a robot



Rhwygo papur yn ddau  
Rip the paper in two



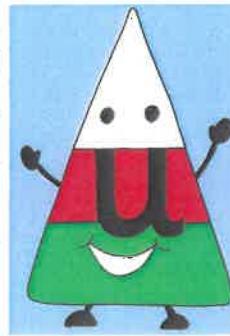
Siglo'r badell ffrio  
Shake the frying pan



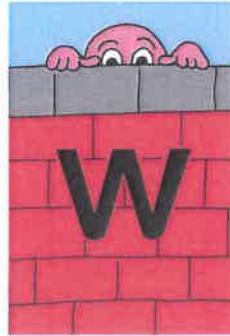
Bys taro cledr llaw  
Finger tapping the palm



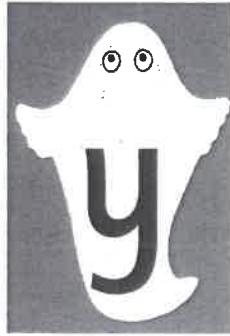
Tafod mas a chwythu  
Tongue out and blow



Canu can Mistar Urrdd  
Sing Mr Urrdd



Pipo dros y wal  
Peep over the wall



Breichiau lan a lawr  
Arms up and down

a b c ch d dd e f ff g ng h i j ll m n o p ph r rh s t th u w y

b	c	ch	d	dd	e	f	ff	g	gg	h	hh	i	ii	j	jj	k	kk	l	ll	m	mm	n	nn	o	oo	p	pp	ph	ph	r	rr	s	ss	t	tt	th	th	u	uu	w	ww	y	yy	Yr	Yr	Wjddor	Wjddor
---	---	----	---	----	---	---	----	---	----	---	----	---	----	---	----	---	----	---	----	---	----	---	----	---	----	---	----	----	----	---	----	---	----	---	----	----	----	---	----	---	----	---	----	----	----	--------	--------

A B C Ch D Dd E F Ff G Ng H I J L Ll M N O P Ph R Rh S T Th U W Y

## Gemau rhif:

1. Torrwch y cardiau rhif allan gyda siswrn.
2. Cymerwch dro yn gosod y rhifau mewn trefn gan ddweud y rhif yn uchel.
3. Tynnwch ddau neu dri rhif allan o'r llinell a gofynnwch pa rifau sydd ar goll.
4. Wrth edrych ar y llinell rif gofynnwch: Faint yw \_\_\_ adio l? A faint yw \_\_\_ tynnu l? (Medrwch ddefnyddio'r patrwm "un yn fwy" ac "un yn llai" hefyd os y dymunwch)
5. Trefnwch ras ar gyfer gosod y rhifau mewn trefn - y cyflymaf a'r cywiraf sy'n ennill!
6. Trowch ddau neu dri rhif wyneb-i-waered a gofynnwch pa rai ydynt? Ayybl!

1. Cut out the numbers with a pair of scissors.
2. Take turns placing the numbers in order by saying the number out loud.
3. Take two or three numbers out of the number line and ask which ones are missing.
4. By looking at the number line ask How much is \_\_\_ add l? And how much is \_\_\_ minus l? (You may use the pattern "one more" and "one less" as well if you wish)
5. Have a race to place the numbers in the correct order - the fastest and the most correct wins!
6. Turn two or three cards face-down and ask which ones they are. Etc!

## Syniadau rhif pellach:

1. Cyfri gan ddechrau o fanau gwahanol; cyfri ymlaen neu yn ôl.
  2. Deall pa rif sydd yn dod cyn/ar ôl rhif arall.
  3. Cyfri fesul 10 er mwyn cyrraedd 100. e.e 10,20,30...
  4. Deall geirfa i gymharu: mwy, llai, hirach, byrrach, dalach, llydanach, teneuach.
- 
1. Counting from different starting points; counting forwards or backwards.
  2. Understand what number comes before/after another number.
  3. Join in rote counting in 10s to 100s e.g. 10,20,30...
  4. Understand vocabulary for ordering: bigger, smaller, taller, shorter, longer, wider, thinner.

## Syniadau mesur a siap:

1. Gwybod dyddiau'r wythnos, misoedd, tymhorau
  2. Gwybod a defnyddio'r eirfa i ddisgrifio amser: dydd, nos, bore, prynhawn, nawr, yn fuan, cyn, ar ôl, nesaf, o'r gloch.
  3. Dod o hyd i eitemau o gliwiau lleoliad/cyfeiriadol e.e. ar ben, o dan, ar bwys, tu fewn, tu ôl...
  4. Defnyddio geirfa briodol i ddisgrifio siapau 2D.
  5. Yn siarad am, adnabod ac yn ail greu patrymau syml gan ddefnyddio lliw/maint.
- 
1. Know the days of the week, months, seasons.
  2. Know and use vocabulary to describe time: day, night, morning, afternoon, evening, now, soon, before, after, next, later, o'clock.
  3. Find items from positional/directional clues e.g. on top, under, by, inside, behind...
  4. Use appropriate vocabulary to describe 2D shapes.
  5. Talk about, recognise and re-create simple patterns with colour/size.

0

1

2

3

4

5

6

7

8

9

10

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40